



The Programmed Moldavite Manual

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Moldavite: What, Where, Why?

Moldavite is a tektite, a glass that is the result of the impact of a meteorite approximately 14.8 million years ago in what is now southeastern Germany. A giant fireball resulted, and the molten material sprayed mostly over what is now the Czech Republic (some came down in what is now Germany, too).

Due to its otherworldly feel, some assume that moldavite must contain bits of—or be made entirely of—material from the meteorite. This is not the case, however. My understanding of the otherworldly energy in moldavite has to do with the off-world origins of the meteorite, so the effect is from its energy meeting the Earth and thereby being mixed with Earth-based material, not directly from physical material of the meteorite.

Moldavite is said to be and do several high-level things:

1. It is an intense spiritual transformer.
2. When it's time for you to use moldavite, you're ready for a major breakthrough and it can help launch you forward in a new direction very quickly.
3. Moldavite will accelerate your spiritual evolution.
4. Moldavite will open your heart, often flushing out of you what has kept your heart from opening or what has kept you from being aligned with love and leading with your heart.

Learning about moldavite before getting my first piece, this all sounded hyperbolic. But, as I'll explain below, all of these claims are true, though with one important caveat: It will do these amazing things if you are ready for it. If you are, it will seem to call to you. If you are not, people into moldavite will sound like cult members and you will not understand what happened to them. Additionally, you will wonder if they can be brought back from the edge of absurdity they are so clearly now teetering on. I'll share more on this later.

Why I Program Crystals

As I put energy into crystals and stones, they take on more properties than normal, and they offer more benefits. Over the years I've learned to manage my energy field and consciousness, having become able to access a large variety of energetic frequencies that have cleansing, balancing, calibrating, and realigning effects. Taken together, we look at these as contributing to healing.

Being an energy worker, I do these sorts of things with clients in private consultations. Yet as I learned more about crystals and stones and what they are and can do, I learned that

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they can store energetic frequencies and function as batteries, giving off the frequencies I put into them.¹ This is not a new thing, however, but an ancient form of imbuing energies into things via intention.

While crystals and stones are amazing and do things on their own, by programming one I'm setting it up to have certain specific effects on the user. With some varieties I program in this way, I add energetic notes the material might not do on its own (such as adding



grounding energy that connects the 3rd and 6th chakras in labradorite, which normally will activate only the 6th chakra).

With moldavite, the energy I program them with is an immediate, amplified version of what it might do for you after a long period of use. My programmed moldavite, then, are activated in a way that will fill you with the loving, expansive energy moldavite offers in general, but it's supercharged. A piece from me will give off a steady state frequency, as if a battery, filling your field and helping you benefit from its energy.

The programming allows you to go deeper with use of it, to expand and upgrade your life situation even more than with regular moldavite, and there's one other important effect: It changes the shape of your energy field (and, therefore, consciousness), leaving less room for negative parts of you to take up space, complain, feel sorry for themselves, be bitter or angry, etc. Such parts of self can never go away, and we should never try to banish, clear, or cut them out. The truth is that they carry unresolved emotional material, and we need to learn to listen to them in order to resolve and release the emotional content they carry (as well as shift the beliefs they have related to that emotional content).

Using programmed moldavite, you can get used to what it feels like inside you when those parts are not running your life or interrupting you all the time. My programmed moldavite, in other words, functions as a battery to interrupt the dominance those parts of self may have over you due to your habit of listening to and believing them. There isn't room for their narratives (or sad stories, complaints, grievances, self-deprecation, etc.) when you use this programmed crystal, and you can establish a new, more positive, optimistic, and realistic baseline for yourself. During phases of your life (if not most of it), those parts of you

¹ Of the several dozen I've experimented with over the years, there have been exceptions in obsidian and shungite, both of which are used to absorb negative or harmful energies.

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may seem powerful, as they seem to have the ability to inspire you to derail, discount, dishonor, and disrespect yourself. Using programmed moldavite, you can get accustomed for periods of time to parts of you that carry optimism and faith, and that actually like and want the best for you and all other beings.

When you put down the programmed moldavite after a while, don't be surprised if you notice a return of one or some of those voices. *It may seem stressful, but you'll notice your susceptibility to believing what they say is diminished.* Then when you pick the programmed moldavite up again later, you'll notice them get quiet or, even seem to go away. As I'll describe in a later section, for many people moldavite is not a 24/7 sort of crystal all the time, especially when just beginning to use it, so this kind of adjustment process at the beginning would not be abnormal—don't get discouraged if periodically those voices come back! Remember that those parts of self cannot be made to leave, but we can learn over time to cease believing what they say that causes so much sorrow, harm, and self-sabotage and operate according to better intentions and interpretations of life.

Using Programmed Moldavite

Who Should Use Programmed Moldavite?

This explanation is wrapped up with another, “When and Why a Person Should Purchase Programmed Moldavite”.

If you've been aware of the lore surrounding this material, you might have wondered to yourself if you should get one. You would have read about the amazing spiritual benefits, about people being just ever so happy about how moldavite launched them into a new phase of their lives and how those lives are absolutely the best things ever. If you were in any way carrying old emotional or karmic baggage that made being you a challenge, of course those stories would appeal to you unless they seemed too good to be true.

That's what I felt when I learned about moldavite. It's fair to say that I'm skeptical when people seem drugged up on happy juice and can't seem to think critically or engage in reasonable dialogue like humans do. But the effects of moldavite, particularly my programmed pieces, are really that great. And here's that caveat from above: *If you're ready for it.*

You'll know if you're ready, and you'll know if you're not. Here's a handy break down. Not ready for moldavite:

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- You read or hear miraculous claims about moldavite and doubt it can be that good.
- You see, or even touch, moldavite and it has no effect other than you wonder why people are so into it.
- Everyone tells you that moldavite is amazing and you simply must get a piece, but you are clear that you do not, in fact, have to get a piece, and that they should develop some boundaries.

Ready for moldavite:

- What feels an ancient kinship with this mysterious, magical material wakes up within you. You feel that you must obtain one for your very own. You feel a bit enchanted. You wonder with an optimistic mistiness in your heart how it might change your life.
- You can't stop thinking about moldavite. You can't stop looking at pictures of moldavite, even putting off sleep several nights in a row for a few hours, until you realize how silly it is to obsess over the photos. You know in the innards inside the bones of your heart of hearts that you simply must obtain one for your very own. You think about moldavite as you try to drift off to sleep, not wanting to stop by actually falling sleep.
- When you are around a piece of moldavite, your heart opens and you get giddy or, in some cases, tremble in anticipation of holding it close to you.
- You purchase a piece of moldavite and you feel that you now understand why certain people believe that life is worth living. You feel completed. You feel you can go on, and you are okay with this feeling of being alive and in a body on Earth. You feel a rush of excitement about what might come next.



Kidding aside, if you're not ready, don't judge it. Let it be what it is. The reason a person wouldn't be ready is because it's simply not time. There's nothing wrong with this, even as

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all the charming, cool-kid cult members drool endlessly about how amazing moldavite is and how it transformed their lives for the better. *One way to look at this is that moldavite can have such a serious effect on a person that readiness is all about if you're ready to have things shaken up in major ways.*

Now, your mind might tell you that you're ready. It might want to be ready, so you can have a sense of finally moving ahead after a period of stuckness. You might feel sick and tired of being sick and tired of being in your head and body, living out the stories from your past that you have tried so many things to end or change. The stories you've heard or read about moldavite might seem a longed-for medicine to save you from the persistent, unhappy naysayers inside yourself. Forcing the use of moldavite before you know you're ready is not advised, by the way. *There is an energetic opening to moldavite that occurs when a person is, in fact, ready to meet and engage with it, and we should never force this.* This is another way of saying that your entire being will be affected in a certain way if/when the time is right, and you'll know if/when that time comes.

There's an important note about making gifts of moldavite. Person A might be aware of the amazing effects of this material and want Person B to experience the positive benefits from having and using it. But if Person B is not ready—has not opened, maybe doesn't even yet know about moldavite or isn't into crystals at all—then this gift might fall flat. For this reason, among all crystals, it's recommended not to gift a piece of moldavite to someone unless you know for sure that the person has opened to it, feels called to get/have one, has recently lost one and is ready for a replacement, or has worked with moldavite before and has a good relationship with it. Essentially, *every other* crystal on the planet can make a wonderful gift without such guidelines, but we have to pay attention and understand the behind-the-scenes stuff I'm outlining here when it comes to gifting moldavite due to its potential intense effects.

From the perspectives of the beings I channel, Ascended Master Djehuty and Archangel Metatron, the choice to engage with moldavite can come only when a person is ready to take on his or her own sovereignty and clear the negativity of feeling powerless and worthless in the face of past history and life's challenges. And, as it happens, such a decision is one a person must make for the self—given the potential for intense shifting and transformation that moldavite offers. No other person can make the decision to be willing to change and upgrade one's life if there is to be any chance for success.

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My Story, as a Brief Example

I purchased a piece of moldavite before I had that energetic opening or shift, as I wanted to experiment with it. I'd heard and read so many wonderful things, curious about—while skeptical of—the shiny looks in the eyes of those who professed to be converts to moldavite's profound accelerations.

I didn't force myself to use it, and I didn't carry it all the time. I had it on my desk and looked at it a bit. Then I looked at it some more a few days later. After that I picked it up and looked more. I did this little dance with it for a few months before something shifted. I didn't even really get to know it during that time—I just kept encountering it before being open to it, but remaining open to what might happen, if anything. I was prepared for the possibility that it wasn't for me, and that I had perhaps wasted around \$60, which seemed like a lot to spend on a little piece of glass purported to have alien-inspired magical properties. In time I was holding it more, feeling its surface and shape. I just let myself get used to being around it.

In time, something did shift. It was quick and pretty amazing because I became obsessed with looking at photos of moldavite online. That's when I felt connected to the piece I had and resolved to purchase some to play with. I watched myself pore over sites selling moldavite, just looking at all the examples and feeling good at seeing them, feeling pulled to connect with all of them. (And, yes, losing some sleep I was embarrassed to tell anyone about due to thinking I might be being silly and weird—now I know what was happening.)

Small Versus Large Pieces & Choosing One to Begin With

Crystals and stones you get everywhere will serve as reflectors of your own energy field. Essentially, the mineral structure (including density), color(s), and size or mass of a given piece will reflect to you something that is out of balance and attempt to fix or correct it, or perhaps fill you in response to your field with some energy you're not used to. Most people believe that the crystals do things to them, but in my experience I've observed that they respond to the holder's energy field. This is why I might not be at all affected by a piece of citrine or amethyst that you are going crazy about, or the other way around: What's going on in your energy field isn't the same as what's going on in mine. Crystals and stones reflect what's out of balance or needs attention, or could use learning or remembering regarding what energies you carry and maintain. That said, with many kinds of crystals and stones, larger pieces have more significant effects. They have more mass, and so the energetic

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reflection they give you and the cleansing and reorganization of your energetic field they offer is greater.

At a crystal shop or metaphysical fair, you might fall in love with a large specimen of a new kind of crystal you've just learned about and feel connected to. With most crystals, it is



not an issue to purchase that large piece first. Yes, it may affect you in important ways, and it may give you a large dose of the energetic medicine you're seeking. That large dose might be surprising at first, and it might take some adjusting to. With moldavite, however, some intentionality and education are necessary:

Given the potential for major change in one's life when moldavite first comes to a person, a large piece might in the end be

counterproductive.

The dance with moldavite that I mentioned above and will explain in more detail below might result with a large piece in a sense of overwhelm. For this reason, I recommend beginning with a smaller piece and later, if you want (you'd know when the time is right, similarly to when to get a piece in the first place), you can get another piece or more pieces, including larger ones. My first piece was around 6 grams, and it had quite an effect once I was free and able to tune into it. Then when I knew it was worth pursuing and exploring, I purchased 8 pieces that were around 8 grams each (with the intent to program and sell 7 of them, saving one for myself), and down the road began working with a 13-gram piece, then a 20-gram piece. As I use moldavite pieces all the time now and am entirely accustomed to them, it's normal for me to use 4 or 5 pieces together that total 60 or more grams.² But, to be clear, working with 60 grams—or even 20 grams—at the beginning might have done me more harm than good. I would have been either yanked into too much serious change too quickly, or felt averse and turned off when trying to get close to it so to avoid feeling overwhelmed. So, beginning small is best and wise: 3, 4, 5, or 6 grams. Again, you'll feel into it and will be able to identify the right one for you.

² Smaller pieces of moldavite are more common, while large pieces are rarer. I consider a small piece to be anywhere up to 8 or so grams. I consider a large piece to be over 13 or so grams, and you will find some examples out there of pieces over 20 grams.

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Adjusting to the Presence of Programmed Moldavite

Since my aim is to teach you to work with the programmed moldavite pieces I offer, this section is tailored to them.

When you get your first piece of programmed moldavite, you might be eager to spend time with it. When you saw its picture online, you felt that activation and perhaps your heart opened, so of course you want to hang with it. Be aware that you might have a push-pull, hot-cold process with it at first. It could feel a bit like a roller coaster, or a yo-yo with some obvious ups and downs. You might also have a total opening to it at first, feeling amazing and awesome and filled with the loving spirit of optimistic wonderment and then, minutes or hours later, feel a bit sick and have to get it away from you for a few days or weeks. As it's programmed, it's giving off a positive flow of energy that some or many parts of you might feel ready to drink in, and this is great. But realize that there may be *other* parts of you who decide that they're not ready for this change so quickly, or at all. They might be surprised by this new addition that shifts how you feel within yourself.

Remember that moldavite changes the shape of your energy field and, therefore, consciousness. Parts of you are parts of your consciousness, including unconscious selves. They hang out under the surface of your awareness, carrying various attitudes, interests, and emotional content you might not always be consciously connected to. During many moments and eras of your life they can be triggered, but often they retreat after a while to where they came from. The programmed moldavite would confront them, bringing them quickly to the surface.

With many experiences over time, you (as a human naturally does) may tend to identify as the feelings and thoughts you have, and you've been shaped by the events of your life. If any of these parts of self identify as not-goo- enough, self-deprecating or -judging or -abusive, or ashamed or guilty, at some point the programmed moldavite will affect them directly, making it hard for them to stay lodged where they are and do what they normally or have always done. When parts of you announce or express their feelings, your so-to-speak "center of energetic gravity" shifts. With the introduction of something impactful like programmed moldavite, those parts of you may have a strong negative reaction. It's the same as if you were to begin a new meditation process that part of you truly did not want to have to do, and it kind of sabotaged things again and again. But the reaction of such a resistant part of you to this tektite would be fast and strong, much more intense than something like a new meditative practice. That part of self might not just feel confronted, but called out and end up feeling exposed. The quality of energy my programmed moldavite is giving off is

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undeniably loving, and unhappy parts of you might at first feel like drops of unhappy oil in a bucket of happy-as-a-clam water, surrounded by what they simply can't understand or mix with.

Alternatively, strong reactions when first working with a programmed moldavite can simply indicate movement or the start of a clearing of the energies you've carried that feel toxic, awful, and in general negative might get squeezed as the moldavite energy is making less room for them. This can result in physical symptoms that subside quickly when you put the programmed moldavite away for a bit.

When it comes to first impressions upon your energy field with programmed moldavite, a heat flush is a common response (in the heart, upper chest, throat, or all over the body), as is an opening of the 4th chakra (heart center, located in the center of your chest). This is why many first meetings



between metaphysical seeker/purchaser and moldavite have the seeker/purchaser feeling so amazing: Human hearts can open quickly and thoroughly when encountering moldavite, especially the programmed kind. Some report churning in their stomachs, which would indicate the energetic constructs that go with self-esteem issues being squeezed. Others, including myself, can get headaches as the feedback from the programmed moldavite can stimulate the 6th chakra in some. In the long run this programmed material enhances and supports intuition, but when first meeting the programmed moldavite it can be a bit much until one is used to it.

Imagine someone having that energetic shift or opening and knowing that she's ready for a piece of programmed moldavite. She's clear that it's the right thing for her, and she purchases one. When it arrives, she feels joy and wants to spend a bunch of time with the piece. She has it with her for an hour or so, just getting used to it, and it feels good. Then she starts to feel imbalanced, maybe a bit nauseous, maybe with a sudden headache. Then she puts it away until the next day, when it feels horrible to pick it up. The previous day, some energetic debris matching negative or unhealthy frequencies was stirred up and brought to the surface *after the first impression unfolded*.

Each time it feels weird or she simply doesn't connect with it, she leaves it alone. Then weeks later she starts thinking about it and picks it up again, this time it feels good again, like

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the first time. The part of her that is ready to open to the transformative effects of the moldavite will become more accustomed to asserting itself and taking full form within her (not hiding because of the power of unhappy or negative voices), and the connection with the moldavite can grow slowly over time as she learns to not identify with any of those parts of self carrying negativity, self-judgment, etc. This is sometimes a gradual process, sometimes a quick process. Sometimes a couple of years could be inserted during some phase. Again, I invite you not to judge your process as it is the perfect process for you. Oh, here you go—a comment from Ascended Master Djehuty on this suddenly being inserted, I guess I am channeling now:

Programmed moldavite as a spiritual teacher asks you to allow yourself to unfold as you need to, as self-validation is the key to everything when it comes to spiritual growth and empowerment. It is a hybrid of an off-world energy merged with material from the Earth, and therefore gives you the opportunity to adapt your human self to a higher, non-human vibration. The guides and masters see this as a chance for you to enhance your experience as a human, which is as a soul learning while in human form to learn to become the source of love for yourself, and this is why it is so powerful in dislodging the negative identities and patterns within your conditioned self.

How long a person might need to let the programmed moldavite rest elsewhere in the house will vary on several factors.

- How intense is the negativity that the person has lived with for a long time?
- How deep is the identity to go with it? (How attached is the person to that identity and its complaints, powerlessness, anger, frustration, etc.?)
- Is the negativity the result of trauma (something deep and quick—perhaps a scrambling disturbance of part of the energy field that can leave a person in disarray), or something less sudden and shocking?
- Has the person listened too much over time to the negative ideas or criticisms of others, absorbing and carrying their energies so that inner negative voices seem normal and familiar?

The process takes as long as it takes and, no matter the happy, glowing moldavite club members say, each person's timeline is just right. I think of it as a dance, and for anyone it

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involves learning more about those stuck energies and stale identities derived from past experience. A person will learn with programmed moldavite over time what the issues are within him or her that need to shift, and it's a self-exploration process unique to each person.

That said, it's not inevitable that everyone will or should come to work with moldavite. If it's not for you, that's fine, even if others don't get it. There's nothing wrong if this is not a tool for you to put in your tool box.

Spiritual Advancement and Expansion Using Programmed Moldavite

First, I'll offer you my definition of spirituality, and then what it might mean to advance it. There are so many varied definitions of and ways to approach being or becoming spiritual, and different things appeal to and work for different people.

For me, living in harmony with an inner sense of truth aligned with a higher truth is spirituality. For this reason, it's wrapped up with integrity, morality, and honesty, and endeavoring to become more centered in love and with some humility thrown in. It has nothing to do with ritual, mantra, or what many people consider prayer. To strive to live in harmony with a sense of alignment with truth might be a good way to describe it in my view and life.

In order to be able to live in harmony with any sense of truth, over time one has to adjust the size of and choose the alignment of the ego. I am entirely clear that a person simply must own and embrace ego, but also—if one hopes to be healthy and sane—align that ego with a truth or principle greater than the size, shape, and desires of the ego itself. In other words, let's have and embrace ego, but let's have it serve more than itself.

Programmed moldavite is a powerful tool for learning to shift your perspective about parts of self that carry unhappy, negative, ashamed, or defeatist beliefs and energies. As you



work with the moldavite and there is less-to-no room for these parts of self to express or even control you, you can learn what it feels like to be aligned with parts of you who already feel free to trust, love, and have faith that all is working out for the betterment of all involved, even if things are difficult. Said a different way, you can with programmed moldavite get used to letting *loving* parts of you run your life. But, as stated above, the

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unhappy parts of self do not leave, and you should never try to banish them or force them into shadow territory (where they will fester and intensify in their unhappiness through being denied love, validation, and acceptance).

Given this reality, and given my definition of spirituality, programmed moldavite can be used over time to increase your confidence in aligning with loving, expansive, compassionate frequencies.

Being more aligned with love, in my view, is spiritual growth. Learning to deal more consistently and compassionately with the negative or unhappy parts of self that can be shown in relief by working with this tektite (suddenly they're not in charge any longer when using the programmed moldavite, so you can get to know their issues and complaints without believing that they are who you are) is growth in my eyes, too.

Essentially, I view spiritual growth as resulting from anything that shows us our fears, pains, doubts, and blocks to love and, in some way, gives us the opportunity to learn more about choosing loving energies and responses in the face of fear-based energies and realities.

From my work channeling and living with the educational databank that is Ascended Master Djehuty, my understanding of the nature of soul is that it is consciousness that, when left on its own, knows only love because it is aligned only with love. All That Is, or all souls together that people often term God/Goddess, Source, Divine Intelligence, etc., can't really learn about itself because it's all-loving and that's that. The teaching says that the decision is made to become embodied as individual beings in physical form on Earth in order to learn what it might be like *not* to know that one is Source, All That Is, etc. In this way, there are myriad learning opportunities to develop individualistic perspectives, opinions, beliefs, needs, and feelings while not knowing that love is the highest version of power. Each soul holds as its many humans' highest potential to learn to feel fear and pain that occur through the sense of being separate from the Divine, its true nature, and from within those fears to learn the power of choosing love in the face of pain, loss, despair, etc.

We might summarize this by saying that learning to go from fear and pain into compassion and acceptance is the true arc of human evolutionary development. Again, there are many definitions of spirituality and what it means to grow spiritually, and this is just what I've picked up over the years that makes sense to and guides me in my own life, and how I teach others to heal and approach empowerment.

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Programmed moldavite, then, connects you to loving parts of self who prefer to carry and identify with loving energies over fear-based energies and pain-based identities.

The most important form of evolution with moldavite comes not from opening to it—which can feel amazing and change your view on life, yourself, and everything—but in the longer-term phases of working with it to learn to cease identifying with parts of self determined to remain not loving, not compassionate, not accepting of what is.

As I teach in all of my work, it is not enough to find something positive to hold onto if we are to truly grow. We must face, understand, accept, and bring light/love to all the hurt parts of self, naysayers, saboteurs, doubters, and haters within our own minds and hearts. Moldavite can remind us of the power not just of love, but of choosing to embody and align with loving energy—*being* love.



That said, always remember that, even with prolonged and successful use of programmed moldavite, the naysayers and doubters within you will never go away. With a positive example of what we might call “loving leadership”, they can shift how they sit within you as you adjust and upgrade which parts of self you are willing to listen to and believe. But, at times along the way, those parts may reassert themselves. You are not doing it wrong if, after a long time being in a good groove with programmed moldavite, you seem to become down or depressive and feel a loss of progress. What would be happening is that those unhappy parts of self need time and attention from you. Take such times as indicative that you are fully human, not only a positive force who doesn’t feel in touch with all parts of self. Use these times as opportunities to further bring light to the shadows of unhappiness within.

A Note on Expansiveness

This is a key word I use often when teaching about programmed moldavite. Your heart-based or loving self can feel expansive while using it, and your 4th chakra or heart center itself might feel full quite often and, now and then, perhaps overflowing.

I strongly recommend that you develop first or alongside moldavite use a grounding practice. If your heart is very open before you are willing to be in your body and manage the energies and emotions (and memories and residues of life history) always moving through

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your body, you might be top heavy. It is important to ensure that your 4th chakra operates on top of a solid foundation of the lower three chakras. Programmed moldavite will make you loving, but it will also inspire you to be optimistic and forward-looking, and a solid foundation is best to develop in order to make the most of it, including the sanest choices. This is true also of the intuition-enhancing effects programmed moldavite may have.

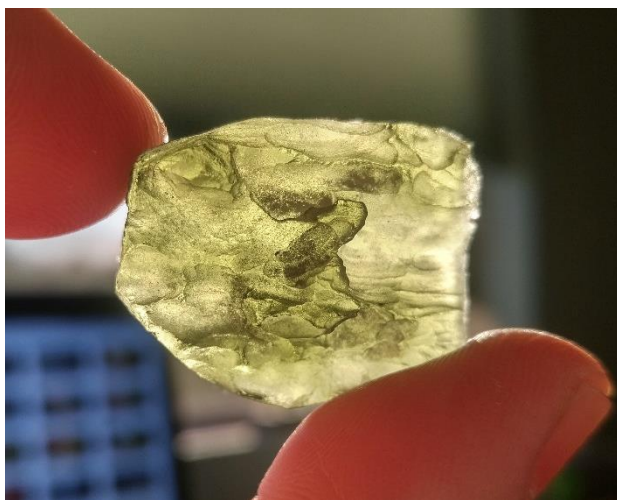
Suggestions for Use

If you're ready to create a relationship with the consciousness-reshaping power of programmed moldavite, you will find your own way to work and live with it to your best benefit. This section is intended to give you some ideas, yet I recognize that some of these methods may not appeal to or work for you. Feel free to play with them if they speak to you, and trust yourself to find the right way forward with this powerful tektite.

Meditation and Holding in the Hand

This is the most common method of use. I have found that while having a programmed crystal in the room with one can have a noticeable affect on him or her, skin contact is a main factor in getting the energy from programmed-crystal-as-battery into your field (especially when you're getting used to it). Taking a walk while holding the moldavite, sitting in meditation with it, and in general holding it at random times works well.

Once you feel connected to it, having a piece or two in your pocket(s) will bring the vibration to your field (since they can scratch and nick each other, I never keep two in the



same pocket or in a pocket with coins, keys, or other crystals—if I have one in a pocket, it's the only thing in that pocket). In my own life, I often have a smallish piece in each of my front pants pockets to make sure I'm aligned with their vibration, mostly so I don't forget out in the world what energy I want to embody and carry. As an empath, I can be thrown by various energies in people's bodies and energetic fields, as well as what they say, loud noises, crying babies,

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and the mental frequencies and central nervous system contours and profiles of all kinds of non-human animals.

This is my preferred method to use programmed moldavite of all those I've explored (though I've recently become pretty excited about programming water, as you'll see below). Once I felt connected to it (after a period of "dancing" with moldavite), there were many times when picking it up made my hand feel complete, as if part of my body itself had been missing when I wasn't holding it. Conversely, when it's time to take a break from using it, I might drop it inadvertently several times until I get that I need to take a break or leave it alone, or I'll notice that it doesn't confer any feeling at all when I pick it up (indicating that the energy it's giving off is not the medicine I need in that moment). In those times, it will just feel neutral to me, so I move on with my life.

Note that over time, a lot of use in the hand(s) can result in what looks like cakey dust getting into the ridges and nooks/crannies on the surface, so the piece may appear quite dirty in the ridges. This will not matter unless you choose to dip it into water to program that water, as explained below. Care should be taken if you undertake to clean it, as abrasive brushes should be avoided, and it may be that soft brushes seem not to be as effective as desired. I've cleaned mine by rinsing them in water and then trying to a soft cloth into the nooks/crannies but have not had much success.

Using Two Pieces, or Completing a Circuit

Using one piece of programmed moldavite will provide you with the opening, healing, transforming vibration I've put into it that's been described in this document thus far. The work on your energy field and consciousness will occur with one piece.

I've taken to using a piece in each hand in order to boost the effects of the programmed moldavite. One in each hand (and this is true about all of my programmed crystals) will create a flow of current through your body, essentially completing a circuit. This is beneficial as it fills your body, making it easier to drink in and align with the energy of the crystal you're working with. When



you're sensitive to the energy of the crystal you're working with, completing a circuit in this

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way will increase the effects and effectiveness of the energies in question. A circuit can be created by placing two pieces touching any two parts of the body, not just through the hands, but the effects in two hands seem particularly potent.

If you begin your moldavite journey with a single small piece and later choose to go with a larger one, consider first getting a second piece that's roughly the same size as the first one, in effect doubling the number of grams. This is a good way to experience the circuit by using one in each hand at times, while at other times feeling what it's like to hold more grams in a single hand, which is a different experience (and also one I recommend).

Use While Sleeping

Some people feeling in love with the in-love feeling that can come from using programmed moldavite will find that holding one or two while sleeping helps them stay connected to and embodying a loving frequency that keeps them sane and centered. Others will feel too activated to sleep while holding programmed moldavite. Still others may go back and forth between the two. There's no hard-and-fast rule, and things in your energy field and consciousness change all the time. By the same logic, some nights you might opt for some sleep aid like tea or melatonin, while on other nights you don't need any sleep aid. It's just what it is, as you and your field are always shifting.

As moldavite pieces tend to be craggy with many nooks and crannies, waking up with one embedded in your belly or back might not feel that great. All the pieces I choose are more chunky ones that are denser than those generally considered beautiful and so have fewer sharp, thin edges, but some do have tiny sharp or sharpish edges. There are beautiful moldavites out there that appear leaf-like, exquisite and fragile and brilliant with light behind them, but their fragility and sharp edges make me steer away from purchasing them. I want mine to be comfortable to hold in your hand, carry in a pocket, and, perhaps, wake up with it sticking in your side without too much distress.

Putting one under a pillow can work wonders, too, if a person finds the energy peaceful and not activating. Similarly, if you can't hold them when sleeping, you might benefit from leaving them on a bed stand so you can reach for them in the night if drawn to it between bouts of sleep and dreams.

With any of these uses, you might find dreams enhanced, or you might have what I think of as meetings with your guidance team or other helpful beings. For myself, moldavite makes me feel peaceful and loving/open/optimistic, but I don't notice an increase in dream activity or quality of guided information I might get in dreams. However, I believe others might as

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intuition can be increased as we learn to embody loving frequencies. Helpful disembodied beings can only get through to us over loving channels or frequencies, and for some people the opening to loving frequencies that can result from use of programmed moldavite might result in more guidance coming through, even in dreams.

Programming Water with Programmed Moldavite

Recently I began programming water with the energy of my moldavites and drinking the water. This technique is common in certain corners of the crystal world and has seriously powerful results when the water is infused with my programmed pieces. I'm working with two methods.

1. Using a rubber band, I'm holding in place a programmed moldavite piece to the outside of a plastic water bottle I buy from the store. Depending on the size of the programmed moldavite piece you're using and size of the water bottle, the energy transfer could be an hour or a few hours. If you're using a 4- or 5-gram piece for a large bottle, leave it overnight. The energy will go through the plastic, and it doesn't matter how dirty your programmed moldavite piece is.

When I use two large pieces (totaling about 40 grams), the process for a 1.5-liter bottle seems to take about an hour.

If you're using a mug or something else ceramic full of water, doing this might either not work or the container itself may become programmed. I believe that thick plastic drinking vessels may not allow the energy to transfer quickly or at all (haven't tried with a plastic thermos or whatnot). Glass can definitely be programmed by affixing (with a rubber band) the programmed moldavite to it. I'm using store-bought spring water so I don't have all of my drinking vessels programmed at home, but you could certainly do this.

2. As the neck and opening of these particular bottles are narrow, I tie a small piece of programmed moldavite to a piece of dental floss and lower it into the water. If the floss is flavored, that flavor will transfer to the water, so I recommend tying the floss around one end of the moldavite if possible, and then dipping just the edge of the other end into the surface of the water so that the entire piece is not submerged.

I'm currently using a piece just under 7 grams for this and it seems to take just a few seconds for the energy to fully transfer. This is a new piece, so it doesn't have dust in the crevasses like the ones I hold in my hands daily.

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When I first started experimenting with this, a little sip was all it took for me to feel the vibration within my body after drinking it. At the time I was being cautious, as I didn't want to be overwhelmed. After a couple of weeks, I've learned that how much to drink, too, is about monitoring what feels right in the moment, and after being used to it, there are no hard-and-fast rules to abide by.

Drinking the water will infuse the energy into your body throughout your blood stream. This is a positive, life-affirming, heart-opening vibration as can come from holding a piece of programmed moldavite, but from the inside out—and it lasts longer! I've noticed feeling amazing and giving everything and everyone the benefit of the doubt for 3-4 hours after drinking a cup or so. And sometimes when I feel greedy for that high-vibrating, loving energy, I'll drink much more and be able to effortlessly carry that wonderful frequency from the inside out for the rest of the day.

I encourage you to experiment with this, perhaps drinking a bit some over a few days and then taking a few days off. I believe you will find a noticeable difference in your demeanor and response to challenging situations and others when you do drink it, yet I want you to choose what vibrations you inhabit and embody, not just drink this stuff because this document says it's good to do so. (So, I'm not saying, "Drink it all day every day all the time forever.")

If you find programmed moldavite activating and would not hold it before or during sleep, you may not enjoy drinking the water within hours of bedtime. Again, you'll find out the best ways to use this powerful energy infuser through listening to your energy field, body, and emotions through experimentation.

The last thing I'll share about this is that I believe I seem even more high and superlatively love-cultly when it comes to being loving and kind when I've had a lot of the programmed water. But I've decided that this is not a bad thing, even as I sometimes feel vulnerable when others can see my heart I'm so obviously leading with. The use of programmed moldavite does open the heart, and openness brings vulnerability, so it is simply something I am adjusting to.

About the Author

Tom Jacobs is an Evolutionary Astrologer, Energy Worker, and Channel. A graduate of Evolutionary Astrologer Steven Forrest's Apprenticeship Program (member since 2004), Tom has a global practice of readings, coaching, and tutoring to help people understand what they

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came to Earth to do and supporting them in making it happen. He is the author and channel of books on astrology, mythology, and spirituality and original astrological natal reports on Lilith, Chiron, and 2012 & emotional healing. Tom also energetically programs a variety of stones and crystals to interrupt old patterns and support you in making better choices and living a healthier, happier life.

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