



# Loving Lilith

## An End to Shame

*The Introduction to the Channeled Home-Study Healing Course*

Ascended Master Djehuty  
and Tom Jacobs

## Introduction

From Tom

Since beginning research into Lilith in 2004, I've developed a number of tools to support people in waking up to the positive sides of the archetype. My goal from the beginning has been to show how there are healthy versions of Lilith energy, working to inspire people to drop the prevalent assumption that Lilith is a demon and should be treated as such.

Until recently, the apex of all this investment of effort and attention seemed to be small-group healing intensives to support individuals in processing and working through Lilith issues. I've done a handful of intensives on other topics for 5 or 6 people at a time (two each on family/soul contracts and Plutonian healing) with great results, and my goal was to take all I know about and do with healing Lilith issues into a similar structure. I was repeatedly shown by guidance that this was not the right approach with this particular archetype. After a few months of feeling into it while asking for clarity, I finally received feedback from one of my spirit guides. He/she/it helped me see that the highest expression of this work for me would be a home-study course that individuals can use on their own at their own pace. As you will explore with Ascended Master Djehuty in the following pages, healthy Lilith processes involve individuation and the development of deep self-knowledge and self-trust, and so the best format allows the reader to work through things on her or his own time. And, so, here we are.

The original Lilith teaching I tapped into was from a being called Sariel, who is said to be a child of Lilith—one of those many demonic children referenced in the text. It is said that Sariel can be commanded by Jewish high priests on Yom Kippur (The Day of Atonement, the most holy day of the year in that tradition, for acknowledging and repenting for one's sins during the year) to bring down the secrets of Heaven. When I realized it was this being I was in contact with, I noted this lore and he basically said, "Just ask. I'll tell you whatever you want to know. It's not a big deal." When I began showing him what I had learned about Lilith from humans and that I wasn't sure I could trust it, he helped me reorganize it in my head and filled in the gaps, saying, "Let me show you who she really is."

It turned out that this being is a face of Archangel Metatron, but not the most intense form of that consciousness that I've come to channel when doing energy work. Metatron

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presents to me as made of flames,<sup>1</sup> and Sariel presented as a being with something helpful to offer, much like Ascended Master Djehuty, whose teachings you'll read in this course.

Sariel helped me see through the cultural/mythic teaching on Lilith and how to understand the archetypal, developmental impulse each human carries as separate from the deeply ingrained fear-based responses associated with Lilith energy and people. Many humans living Lilith stories encounter that fear from others when minding their own business and developing autonomy, saying “yes” and “no” when they mean it, and trusting their instincts and bodies. In an important way, it seems to many that if they choose to live Lilith's stories out loud, they'll find only the negative, fear-based responses of others in the world around them. Essentially, beyond information, Sariel helped me find the light of Lilith as it exists within human consciousness, and I was able to no longer be distracted by the noise and fear that always seems to come up when people discuss Lilith if they consider her a demon first and automatically approach her with fear and mistrust. This served me well, and all of my work on this archetype is aimed in this direction.

The Black Moon Lilith Natal Report came into form, and the book *Lilith: Healing the Wild* a few years later. In time, I channeled a book from Djehuty called *Goddess: Past, Present, and Future*, which in an important way is the companion volume to *Lilith: Healing the Wild*. The latter is the myth, archetype, and astrology teaching related to healing humanity's divorce from feeling safe on the planet/in bodies, and the former is Djehuty's bird's-eye view on the why and how of patriarchy, the social organizing system many humans have been living under the last few thousand years that elevates the masculine in all things and diminishes or denigrates the feminine in all things. The Goddess book helped me see things differently in ways that opened significant doors to healing, including about the reasons for the prevalence of sexual violence and other Lilith-related issues that had occupied me for a long time. In this course, some of those ideas are revisited by Djehuty but they are focused in terms of a Lilith teaching to serve a healing purpose, which is new.

I offer the course with the surety that you can heal whatever imbalance you may have carried in this life or over the course of many lifetimes. I already know that you can and will come to know and trust yourself in the deepest possible ways.

Tom Jacobs

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<sup>1</sup> Metatron is said to be one of two angels who once was human. An intense transformation process resulted in what you could say was a “burning off” of human “impurities”, and as a result the being shows up as made of flame. This is a visual—there is no heat.

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Beaverton, OR

From Djehuty

This is Ascended Master Djehuty speaking, also known by other names such as Hermes, Thoth, St. Germain, Merlin, and more. This title “Ascended Master” means that I have a particular sort of job to fulfill for those living on Earth. At various times I have lived human lives as you are now living, and I assist those in bodies from, so to speak, outside the game space of life on Earth. When embodied, I am living as any human would. When not embodied, I am a helper to humankind.

All ascended masters have particular focuses in how they help humanity. Mine happens to be to help you bring yourselves into clarity through not just the gaining of knowledge but, more importantly, the development of wisdom. It is not enough to know things, though I am happy to share information with you. Actual change and evolution come from adding understanding to information, and this is what I am available to do for you.

Let us be clear at the outset here that this title does not mean I am better than you or that you are less than me. It is simply a way that my path differs from yours, as right now you are in a body and I am in a position to support you in learning more about evolution and empowerment. And it is this that is my true calling: *To support you in whatever way you need to move beyond blocks, limitations, disempowerment, and more, so you learn to embrace your true Divine nature while you are embodied on the planet.* This is the evolutionary arc of every human life all across the Earth timeline, in fact, and I seek to support all who ask help of me in this process.

This course you have opted into is the first true collaboration between the channel and myself. He has channeled teachings comprising my databank for years, and during this teaching he will do so again while I will weave in what he has learned through his years developing teachings and healing tools for issues related to Lilith. This is not an astrology course by any means, but his learning about the Lilith archetype through working with many humans living Lilith stories and working to resolve Lilith issues using the language of astrology sets the stage for a container of sorts for what I will share with you here.

The original Lilith teaching the channel received was from a face of another being he channels, Archangel Metatron. And so, this is the first time I have spoken through him on this subject so important to so many. His teachings on Lilith in various formats are reaching people, and he is always looking for more and better ways to reach more of them to support healing concerning these subjects. Recently he was advised by one of his personal spirit

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guides to develop something that a person such as yourself can use at home to heal Lilith-related issues, and the course you are now beginning is the result of that guidance.

I would like to share with you my intentions for this course. I recognize the truth that the only way humanity can evolve as a collective is through the particular, personal evolutionary steps of individuals. As stated above, knowledge is not enough but understanding *coupled with* knowledge opens doors into true evolution. At this stage in your evolution as humans, it is necessary to confront and resolve the imbalance between masculine and feminine that has dominated much of life on Earth for the last several thousand years. The healing of this imbalance is perhaps the most significant undertaking any group of humans could undertake. It is important and necessary, and it is huge. It is major. A most major thing, in fact, reaching across time to tie together so many of your various lives lived on Earth in different time periods. Providing you this information and understanding (as well as questions for reflection along the way) serves my purpose to help you evolve in whatever way you need. So many humans are aching to heal this imbalance in the world and in their own lives and yet, given the social constructs that seem to define your world, you may not often see how to do it. I am here to help you learn how.

And so, it is my intention in these modules to also offer you perspectives on how to end the imbalance in your own life. As you heal yourself, you not only contribute to the collective but you also share and model for others examples of how to do it. Again, people are aching to heal this imbalance! Humans are aching to recognize Lilith within themselves, cease shaming the feminine in all its forms, and move into phases of living on and with the planet that honor and support life and its cycles. You are exhausted from living through the destructive lens of mind-based culture that seeks to control, manage, and eradicate what cannot be controlled. You are emotionally depleted from trying to validate your own and others' true natures as animals with instinctive wisdom. You are psychically and physically filled with the damaging and painful residues of unhealthy food, relationships, and sex that grow from these traditions of imbalanced culture. Through sharing knowledge, I intend in this course to open your eyes to what is actually happening in the world around you. Through helping you develop understanding, I intend in this course to show you how to transform in the face of any such issues and empower yourself to move forward with conscious intent fueled by empowered, self-respecting choices.

My methods always center on telling you the truth as best I can, and for this reason some of this material may be challenging to you at times. The course is designed in such a way that you will choose the pace. It is important not just that you have time to process all of the information contained in it, but also that you listen to yourself when it comes to knowing

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when it's time to move on to a new module, repeat the last one, or double back and start over with the course to go even deeper. It's all up to you, and autonomy is a main Lilith theme!

Take to heart at the outset that this material is meant to affect you. It is meant to unearth from within your depths any potential unprocessed emotional, mental, energetic, or psychic debris related to Lilith issues from this life or other lives your soul is living elsewhere on the Earth time line. Yes, this course also aims to affect you as a multidimensional being, as it is designed to reach into your unconscious vaults to reveal and shift anything in there related to Lilith themes that might keep you feeling negative and self-defeating in any way, or defensive, wounded, ashamed, etc. You carry now in your energetic field the memories and emotional content from many, many lifetimes, and your Lilith-style issues in this life are, I guarantee you, in common with many lifetimes associated with your soul.

As you read this material and consider and work with the questions for self-reflection, you will be hearing from (through feeling/emotion, thoughts, beliefs, and memory) various parts of you across the Earth timeline affected by Lilith-related issues. They will carry their own judgments about you, themselves, their thoughts and feelings, others, God, the world, women, men, and anything and everything else. They carry emotional content that needs to be resolved, so it is imperative that you prepare yourself now to listen to them in compassionate, non-judging ways. This willingness is key, and then to remember that they (what they feel and think) are not who you are, even if they have been shaped by real-world experience and cling tightly to the belief that they are what has happened to them or what they have chosen.

As you proceed, take time and care to pay attention to what is going on in your life in real time when it comes to Lilith themes. The universe will gladly help you learn about your blocks, fears, pain, shame, regrets, and more once you are invested in this course and opening to your own personal Lilith-inspired evolution. Your spirit guides are likely right now feverishly rubbing their hands together with glee that you have opted into this empowerment process, that you are ready to take such an important step in the direction of self-loving autonomy and empowered healing. There will be no shortage of opportunities for you to be aware of or triggered by Lilith's themes, and so you must take the time to invest in various forms of self-care to support the process. It is a solitary one, as is Lilith's empowerment path, and part of the point of being so is for you to identify and honor—and act upon—what you need to do for yourself to create self-respect, autonomy, and self-trust. If at any time you need to take a break and put the course aside for a time, do. Refrain from judging this if it happens. You might need time to honor that the material bothers part of you, or that it touches a place deep within that feels too tender at a given time to keep

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palpating. This is normal with the kind of focused healing work we are designing this course to stir.

At times during this journey you may feel alone. Let this be okay, too. Let this happen, let it unfold. Allow any parts of you who need to speak about such feelings room to do so. As their communication is often through emotion, let the feelings be and let them flow. While I encourage you to listen to what various parts of you need to say and express, I also encourage you not to believe that what they say is truth. In the case of feeling lonely during this sort of individuation process, some part of you might think it's best to give into that feeling, when you should instead realize that it is simply an expression of what part of you feels and believes—not the truth of who you are, what you deserve, what's waiting or available for you, etc.

You are embarking on a process of self-discovery that leads to empowerment. As long as you honor with love and respect all parts of you, you will experience the healing intended by me and the channel.

Listen to yourself—take care of yourself.

Enjoy the course.

Djehuty

## About the Channel

Evolutionary Astrologer, Energy Worker, and Channel Tom Jacobs is a graduate of Steven Forrest's Apprenticeship Program (member since 2004) and the author or channel of 17 books, 3 natal reports, and 2 healing courses. With an active global practice of consultations, teaching, and tutoring, Tom employs numerous tools to support you in getting to the bottom of what's out of balance in your life and resolving and releasing anything that needs to go. He has channeled Ascended Master Djehuty (a.k.a. Hermes, Thoth, St. Germain, Merlin) since 2008, and has brought Archangel Metatron's transformative energy work frequencies to clients since 2012.

Read more about Tom and his work at [tdjacobs.com](http://tdjacobs.com) and [healingsuicide.com](http://healingsuicide.com).